

April 30th 2006

*Continuation of Messages of the Master*

## **"The Teachings of Jesus"**

### **"Troubled & Suffering"**

Jesus' Sayings from the Cross

*What was Jesus teaching us from the cross?*

## **7 Godly Responses**

### **1. Release forgiveness**

"Jesus said, Father forgive them." - Luke 23:34

### **2. Maintain a selfless attitude - compassion for others**

"He said to His mother, woman behold your son...to the disciple, behold your mother." - John 19: 26, 27

### **3. Sustain an eternal PERSPECTIVE**

"Jesus said...today you will be with Me in Paradise." - Luke 23:43

### **4. Acknowledge your need - without compromising**

"I thirst !" - John 19:28

"they gave Him sour wine with gall to drink ... He would not drink." - Matt. 27:34

### **5. Reveal your troubled heart - frustration , anger, confusion**

"My God, My God, why have You forsaken Me?" - Matt. 27:46

### **6. Yield to His hands**

"Jesus cried out ... into Your hands I commit My spirit." - Luke 23:46  
eg. prisoner of the Lord

### **7. Complete your mission - don't give up**

"He said, it is finished." - John 19:30