

Prepare Your Mind for Action

I Peter 1:13-16

Prepare your mind

- Be self-controlled
- Hope in grace
- Be holy like God

We follow our thoughts – they put us in a certain direction.

“as a man thinks in his heart, so he is.” -Proverbs 23:7

“...gird up the loins of your mind...”

1ST CENTURY WORD PICTURE

- long eastern robes
- “can’t move quickly”

Exodus 12:11 picture

- loins girded
- sandals on feet
- staff in hand
- eat fast

What thoughts slow you down?

stressful • anxious • fearful
worrisome • angry • depressed
lustful • jealous • negative

- Is there a “sewer line” running into your thought life?
- What thoughts are you letting in? growing?
- Remove the thoughts that impede & slow down your obedience to God.
- *“bringing every thought into captivity to the obedience of Christ.” - II Cor. 10:5*

A *peaceful* mind – not a *passive* mind

- *“You will keep him in perfect peace, whose mind is stayed on You.” -Isaiah 26:3*

Passive spirit: disobedience not inactivity

- Sitting...should be standing
- Standing...should be walking
- Walking...should be running
- Running...should be still

Connect your mind to God’s mind – THE WORD

- Creative, positive & life-filled thoughts!