

Having Troubles Without Being Troubled

“let not your heart be troubled” -John 14:1

How do you control your heart from being troubled, disturbed, agitated and upset?

Troubled

- GK: tarasso
- “to stir up”
- Losing Perspective!

Jesus, in John 14, presents guidelines on how to achieve a “trouble-free” heart!

Believe

- *“believe in God, believe also in Me” -John 14:1*
- TWOFOLD
- Trusting Doing

Know

- *“you know...you know” -John 14:4*
- God has a purpose!

See

- *“show us the Father...He who has seen Me has seen the Father” -John 14:8,9*
- Look for the God-factor!

Ask

- *“ask anything in My name” -John 14:14*
- Lift your heart’s desire to God!

Keep

- *“keep My commandments” -John 14:15*
- Hold His will - it will heal and protect your heart!

Receive

- *“He will give you another Helper” -John 14:16*
- Holy Spirit will help!

“My peace I give to you ... let not your heart be troubled, neither let it be afraid.” - John 14:27